

October 23-24, 2015
Annual Meeting Central States Chapter – ACSM

University of Kansas – Edwards Campus
BEST Conference Center
12604 Quivira Rd. Overland Park, KS 66213



Theme - Sports Performance

Thursday, Oct. 23

	<u>Time</u>	<u>Location</u>
Vendor Set-Up	9 am - 11 am	BEST Lobby
CSACSM Board Meeting	9:30 am - 10:30 am	BEST 315
Registration	11 am - 12:30 pm	BEST Lobby
Welcome & Introduction	12:30 pm - 1 pm	BEST Conference Center
Nicole Moodie Rockhurst University	1 pm – 2 pm	BEST Conference Center
Topic – Motion capture technologies for sport performance		
Bert Jacobson Oklahoma State University	2 pm- 3 pm	BEST Conference Center
Topic – Sport science for American football and wrestling		
Break (put up posters in Conference Center)	3 pm - 3:15 pm	BEST Lobby
Michelle Gray & Jordan Glenn University of Arkansas	3:15 pm - 4:15 pm	BEST 120
Topic – Aging & training for sport performance		
Break (put up posters in Conference Center)	4:15 pm - 4:30 pm	BEST Lobby
Posters presented	4:30 pm - 6 pm	BEST Conference Center
Break	6 pm - 6:30 pm	BEST Lobby
Student Trivia Bowl	6:30 pm - 7:30 pm	BEST Conference Center

Friday, Oct. 24

Meg Stone East Tennessee State University	8 am - 9 am	Regnier Hall Auditorium
Topic – Training females in sport		
David Szymanski Louisiana Tech University	9 am - 10 am	Regnier Hall Auditorium
Topic – The science of baseball performance		
Break	10 am - 10:15 am Foyer	
Student Research Award Recipient Presentations	10:15 am – 11:15 am	Regnier Hall Auditorium
Break	11:15 am - 11:30 am	Move to BEST Conference Center
Luncheon	11:30 am - 1 pm	BEST Conference Center
Luncheon Speaker - Andrea Hudy University of Kansas, KU Athletics Research & Coaching Performance Team	12:15 pm - 1 pm	BEST Conference Center
Topic - Sport science in the training hall		
Break	1 pm – 1:15 pm	BEST Lobby
Business Meeting	1:15 pm - 2:15 pm	BEST 135
Student Session	1:15 pm - 2:15 pm	BEST Conference Center
Break	2:15 pm - 2:30 pm	BEST Lobby
Mike Stone East Tennessee State University	2:30 pm - 3:30 pm	BEST Conference Center
Topic – The role of muscle power in sports		
Stavros Kavouras University of Arkansas	3:30 pm – 4:30 pm	BEST Conference Center
Topic – Hydration for sport performance		
Closing remarks	4:30 pm – 4:45 pm	BEST Conference Center